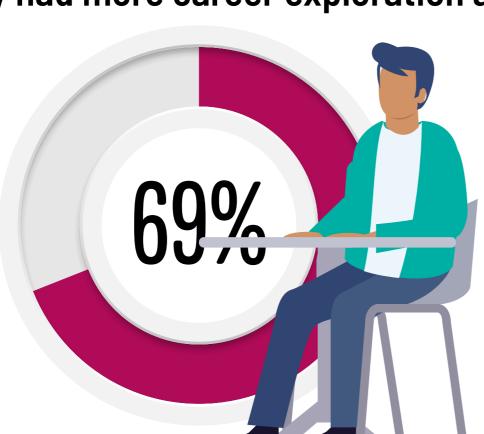
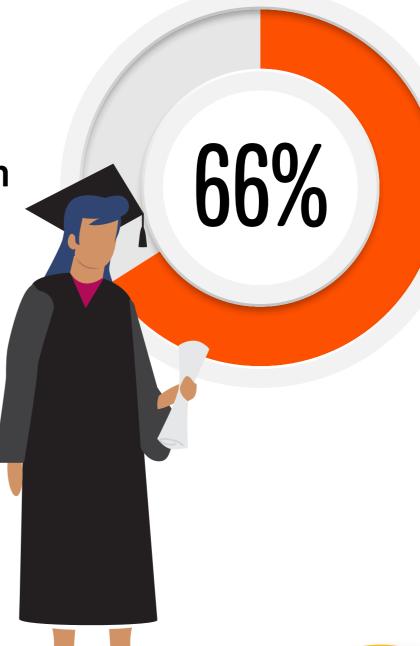
How to Support Students through the 4 Stages of Career Exploration

Career exploration connects your classrooms to students' future workplaces. By empowering students to make informed decisions about their future, you can guide them toward pursuing careers that are fulfilling, sustainable, and well-suited to their strengths.

And students want more of it.

Around two thirds of current high schoolers (69%) and high school graduates (66%) wish they had more career exploration activities.





1 Personal Discovery

Help students reflect on their interests, values, skills, talents, and goals. If you could spend a whole day doing any activity, what would it be and why?

Questions to ask:

- If you could spend a day doing any activity, what would it be?
- What activities or tasks do people say you're really good at?
- Think about a time you overcame a challenge. What skills did you use?
- If you could solve one big problem in the world, what would it be?
- Imagine your ideal future. What does a happy, successful life involve?

2 Career Awareness



Introduce students to a wide range of modern career paths, along with the skills, experiences, and academic pathways required of each.

Activities to engage students in:

- Career fairs (virtual or in-person)
 Guest speakers and videos
- Guest speakers and videos

 Industry tours and field trip
- Industry tours and field tripsResearch projects
- Research projects
 Presentations on th
- Presentations on the National Career Clusters® Framework

3 Career Evaluation Help students analyze specific occupations, industries, and



career pathways to assess how well they fit students' goals, preferences, and lifestyles.

Activities that foster career evaluation: Informational interviews with working professionals

- Pros and cons analyses
- Vision boards

 Johnshadowing
- Job shadowingLabor market research

4 Career Preparation Enable students to build the knowledge, skills, and experiences



necessary to successfully pursue a chosen career path.

Activities to integrate into career-connected learning:

Internships, apprenticeships, and entrepreneurship projects

- Portfolio development
 Mock interviowe and recume workshops
- Mock interviews and resume workshopsSoft skills training
- College and career planning sessions

Effective career exploration is not a one-time special event.

Equipping students with the tools, knowledge, and confidence to pursue fitting career pathways requires continuous learning and discovery integrated into the everyday school experience.

P2C helps thousands of educators make career exploration a seamless reality. Click below to learn more from our website or to schedule a chat with us.



Meet the P2C Career Explorer.
Schedule time with us. www.p2c.org

